



# Civil Engineer Corps Basic Officer Qualification Course

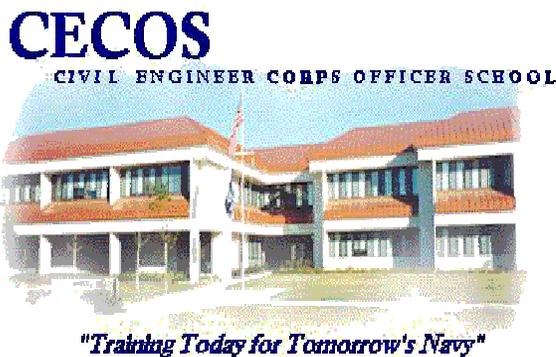
## General Course Information

First and foremost, congratulations and welcome to the Civil Engineer Corps!

You will soon be reporting to the Naval School, Civil Engineer Corps Officers School (CECOS) as a member of the Civil Engineer Corps Basic Officer Qualification Course, or Basic Course for short. It is the mission of the military and civilian staff here at CECOS to orient you to the role of the Civil Engineer Corps officer in the Navy and to prepare you to be immediately effective upon arriving at your future assignment.

### Location

CECOS is located at Naval Base Ventura County (NBVC) in Port Hueneme, CA. The Port Hueneme / Oxnard / Ventura climate is typical of Southern California as it is usually warm during the day and cool in the early morning and evening hours. Summer temperatures normally range from the 60's to the 80's, and winter temperatures range from the 40's to the 70's. The beauty of this location is that there are a wide variety of excellent outdoor recreational opportunities from scuba diving to skiing within a short drive.



## *Curriculum*

Your training will consist primarily of four unique courses of study that build upon each other and span fifteen weeks. The Basic Course is the first seven weeks of instruction and will focus on providing fundamental knowledge in the areas of CEC Core Competencies, Military Training, Navy Finance, Environmental Management, and Construction Technology. Upon completion of the Basic Course, the next two weeks will consist of specialized training tailored for your future assignment. Depending on your billet, you will attend training in Public Works Management, Field Office Operations, or Construction Battalion Operations. In preparation for future contracting assignments, Fundamentals of Contracting (CON 100 and CON 101) will shift the focus to government contracting and valuable warranting training for the next four weeks. Finally, the last phase of instruction will see Ensigns attending the Basic Officer Leadership Training Course (BOLTC) for two weeks, and the Lieutenants will receive three weeks of follow-on warranting training.

## *Field Exercise*

As part of the Basic Course, there will be a one-week Field Exercise (FEX) conducted at Fort Hunter Liggett, CA during the second week of the course.



This week will consist of field instruction in Seabee defensive combat operations to include camp construction, land navigation, patrolling, perimeter defense, and command, control, and communications. Since Fort Hunter Liggett is



further north and inland of Port Hueneme, seasonal temperatures vary significantly. In the summer, daytime temperatures normally climb well over 100°F in July with evening lows in the 60's. The winter months bring cooler temperatures (60's during the day and 20's in the evening) and moderate precipitation.

## *Physical Training*

In accordance with the Navy's Health and Physical Readiness Program, military personnel are encouraged to develop and maintain the health and physical requirements necessary to ensure combat readiness and personal effectiveness. Organized physical training will be held on Monday, Wednesday, and Friday, and will consist of stretching, calisthenics, and a 2-mile formation run followed by cool down. Although PT will not start until

the third week of the course, we recommend you do not wait until you arrive to get in shape as a Physical Readiness Test (PRT) will be administered during the seventh week.

## **Social Functions**

In keeping with the traditions and customs of the Navy, a number of social functions will be held to provide interaction between students, spouses, and staff. The functions include athletic events, social hours at the O'Club, receptions, base-side Hail & Farewell's, and a Mess Night. On days when training evolutions or social functions conflict with galley hours, students will receive appropriate per diem.

## **Spouses**

With all the social and recreational functions scheduled throughout the duration of your stay at CECOS, we invite you to bring your spouse and children to share in the adventure. We highly encourage you to bring your spouse to the first day of the course and participate in the welcome presentations scheduled that day. The agenda, coordinated by our Command Ombudsmen, includes an introduction to the Commanding Officer and his wife, a brief orientation to base services, and an opportunity to meet some of the staff spouses. Additionally, there are social functions that have been scheduled specifically for spouses to get together and share experiences.

## **Uniforms**

Several personnel inspections will be held during the Basic Course to include the Camouflage Utility Uniform (CUU), 782 Gear, Service Khaki, and the Uniform of the Day. CECOS will issue two sets of CUU and all of the 782 Gear in preparation for the FEX. You need only purchase the desert brown T-shirts, black or green socks, and a belt to be worn with the uniform. For your prior planning, below is a list of required, optional, and seasonal seabag items for the field exercise. Lastly, the uniform for Mess Night will be the seasonal Dinner Dress uniform with miniature medals and warfare devices.

### **FIELD EXERCISE SEABAG REQUIREMENTS**

a. Items to be issued by CECOS

- |   |   |
|---|---|
| (1) Field Jacket (1)                    | (8) Magazines (2)                             |
| (2) Camouflage Utility Uniform (2 sets) | (9) Poncho (1)                                |
| (3) Boots (1 pair)                      | (10) Canteens (2)                             |
| (4) Helmet (1)                          | (11) Sleeping Bag (1)(6) Entrenching Tool (1) |
| (5) Web Belt (1)                        | (12) Field Pack (1)                           |
| (6) Web Belt Suspenders (1)             | (13) Gas Mask (1)                             |
| (7) Magazine Pouches (2)                |   |

b. Items to be provided by member

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|---|--|
| (1) Desert Brown T-Shirts (5)   | (9) Wash Cloth (1)                                 |
| (2) Black or Olive Drab Wool Socks (5 pair)   | (10) Bath Towel (1)                                |
| (3) Blousing Straps (2 pairs)   | (11) Chapstick (1)                                 |
| (4) Belt Buckle (subdued) (1)   | (12) Medicine (as required)                        |
| (5) Black Web Belt (subdued tip) (1)  | (13) Cord (for hanging items in tent) (12 feet)    |
| (6) ID Card   | (14) Shower Shoes (1 pair)                         |
| (7) Undergarments (6 sets)  | (15) Eye Glasses (as required)                     |
| (8) Toilet Kit (4 days worth)<br>(soap, shampoo, deodorant, razor,<br>shaving cream, toothpaste/brush,<br>mirror) | (16) PT Gear (1 set)                               |
|   | (17) Laundry Bag (mesh) (1)                        |
|   | (18) Flashlight (1) (extra batteries and red lens) |

c. Optional/Seasonal items

- (1) Money
- (2) Black Knit Watch Cap
- (3) Black Leather Gloves (Navy issue) (1 pair)
- (4) Long Underwear
- (5) Pillow
- (6) Extra Socks
- (7) Pocket Knife (blade must be shorter than 3 inches)

## **Administrative Support**

While at CECOS, you may have your mail forwarded to the following address:

COMMANDING OFFICER  
NAVSCOLCECOFF  
ATTN: Rank & Name, BASIC CLASS # \_\_\_\_  
3502 GOODSPEED STREET SUITE #1  
PORT HUENEME CA 93043-4336

If you have any questions before your arrival or while en-route, don't hesitate to contact CECOS by commercial phone or the Defense Switching Network (DSN). Some points of contact for questions or assistance are:

Student Services	(805) 982-5655 DSN 551-5655 FAX -2918
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Command Adjutant	(805) 982-2878 DSN 551-2878 <a href="mailto:basicfaq@cecos.navy.mil">basicfaq@cecos.navy.mil</a>
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## *Pay and Allowances*

Per diem is paid approximately every 30 days while you are at CECOS. The first per diem check may take 2 - 4 weeks to process, so bring sufficient funds to cover your first month's expenses. Something else to keep in mind is that only 80% of your actual entitlement is paid while you are at CECOS. The remaining 20% is paid when you liquidate your travel claim once you report to your ultimate duty station. Therefore, we encourage you to draw advance per diem from your present duty station. If you're staying in government quarters, per diem will cover all of your lodging expenses in addition to paying you the Government Meal Rate (\$9.50/day) since government messing is available. For those living off-base in commercial lodging, per diem will cover up lodging expenses up to \$99/day in addition to paying you the Commercial Meal Rate (\$46/day).

## *Messing*

The CBC Galley is available to officers. Daily hours of operations are as follows:

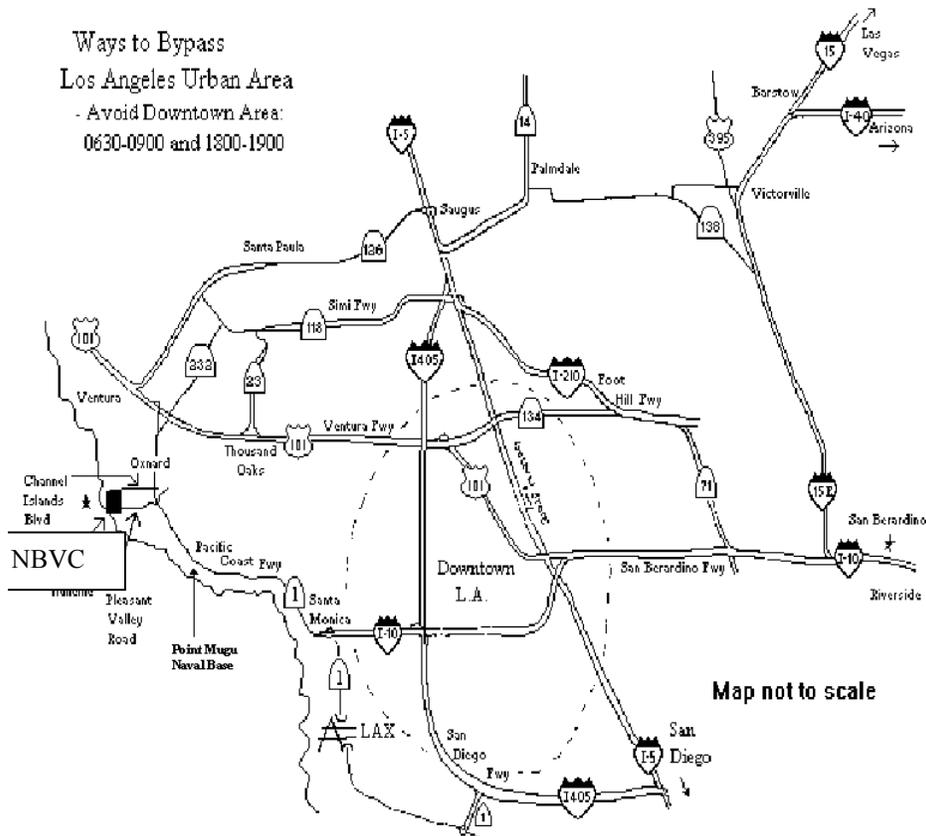
Breakfast	0530-0700
Lunch	1100-1230
Dinner	1630-1800

For those staying in the BOQ, a complimentary continental breakfast is provided Monday through Friday. Also available on base is the Navy Exchange Food Court, McDonald's, the Officers' Club, and Duke's (All Hands Club). Additionally, you will find a large selection of restaurants immediately surrounding the base.

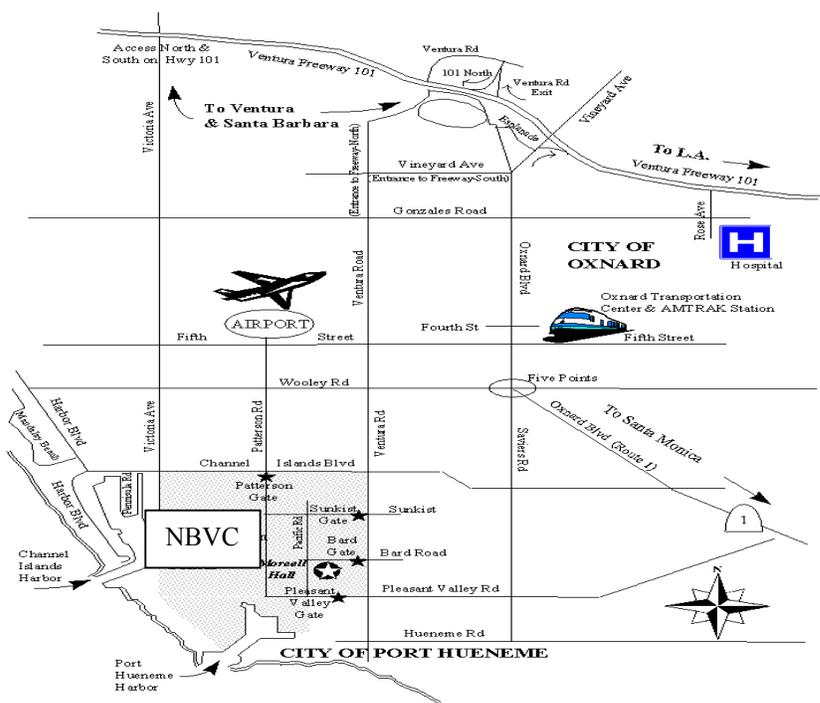
## *Transportation*

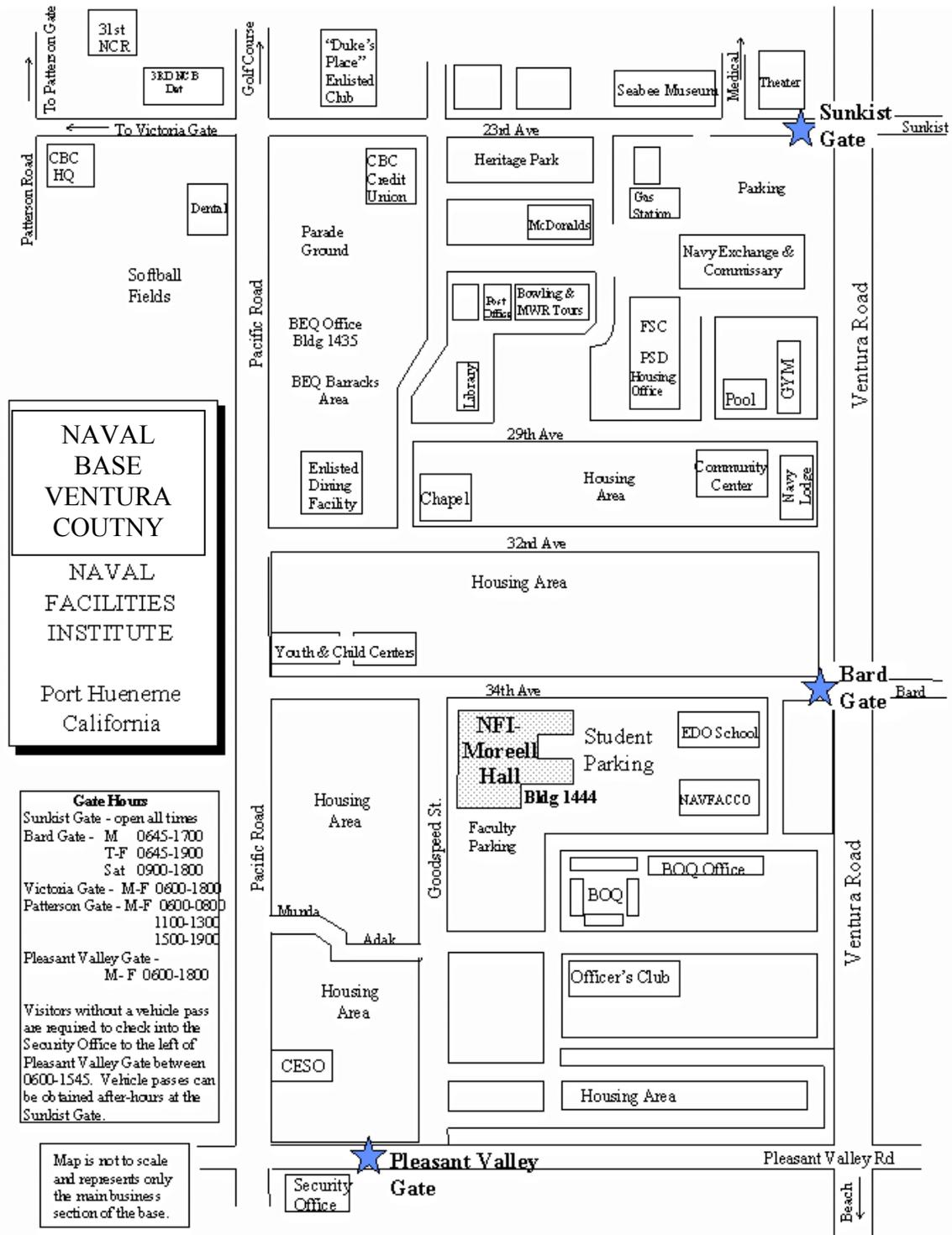
On base, nearly all of the facilities you will need to visit are within an easy ten-minute walk from the BOQ and CECOS. On the other hand, off-base public transportation to and from the Naval Base Ventura County (NBVC) is extremely limited. You are encouraged to bring a car as it is almost a necessity to get around the area. You may rent a car if you like, but you will not be reimbursed for rental car expenses. There are several options for transportation from Los Angeles International Airport (LAX) to Oxnard Airport to include commuter flights, shuttles, and buses. Once at Oxnard Airport, limited local bus and taxi services are the only means of transportation to NVBC about six miles away.

Ways to Bypass  
 Los Angeles Urban Area  
 - Avoid Downtown Area:  
 0630-0900 and 1800-1900



Map not to scale





## Lodging

Tentative reservations for all students have been made at the Bachelor Officers Quarters (BOQ). If you are married and bringing your dependents, you will receive commercial lodging. Furthermore, BOQ non-availability may mean

some students could also receive commercial lodging (based on rank). Below is a partial list of available commercial lodging in town. Lastly, if your permanent duty station is NBVC Port Hueneme or NBVC Point Mugu, you will be eligible to receive Basic Allowance for Housing (BAH) for off-base housing. Please contact the NBVC Housing Referral Office at (805) 982-4451 or DSN 551-4451 for further assistance.

## **BASE LODGING AND LOCAL AREA INFORMATION**

(This list is provided for informational purposes only. CECOS does not endorse any of the listed establishments.)

### ***Base and Government Lodging***

Bachelor Officer Quarters (DSN 551-) (805) 982-5785

### **Local Area Lodging**

Best Western Oxnard Inn (805) 483-9581  
1156 S. Oxnard Boulevard or 1-800-469-6273  
Oxnard, CA 93030

Casa Sirena Marina Hotel (805) 985-6311  
3605 Peninsula Road  
Oxnard, CA 93033

Casa Via Mar Inn (805) 984-6222  
377 West Channel Islands Blvd  
Port Hueneme, CA 93041

Country Inn of Port Hueneme (805) 986-5353  
350 East Hueneme Road  
Port Hueneme, CA 93041

Embassy Suites Mandalay Beach Resort (805) 984-2500  
2101 Mandalay Beach Road  
Oxnard, CA 93035

Residence Inn Marriott at Riveridge (805) 278-2200  
2101 West Vineyard  
Oxnard, CA 93035

### **Airport Transportation**

#### *Shuttle Services*

Prime Time Shuttle 1-800-733-8267  
Roadrunner Shuttle 1-800-247-7919  
Ventura County Airporter (805) 650-6600

#### *Bus Service*

Great American Stageline 1-800-287-8659

### **Local Transportation**

Yellow Cab Co., Inc. (805) 483-2444  
City Cab Co. (805) 643-2221  
South Coast Area Transit (805) 487-4222

## **Liberty/Leave Policy**

A typical class day begins around 0800 and concludes at 1700 with a one-hour lunch. On the weekend, we recognize the opportunities to travel afforded you while in Southern California. The CECOS leave policy is that leave must be taken if traveling outside the geographic boundary of San Francisco to the north, San Diego to the south, and Las Vegas to the east. Since CECOS is a training command that requires 100% participation in all training evolutions, leave requests that involve missing class will not be approved except in emergency situations.

From the entire CECOS Staff, we look forward to your arrival and are confident you will find your stay with us both rewarding and enjoyable. Have a safe journey.